



A MINUTE OF HEALTH WITH CDC

Timber!

Nonoccupational Logging Fatalities — Vermont, 1997–2007

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Felling that backyard tree might not be as easy as it seems. Logging is one of the most dangerous jobs in the world. Dozens of professional lumberjacks are killed each year in the United States, and these are men with the expertise and equipment to handle such jobs. Most weekend do-it-yourselfers, on the other hand, have neither the know-how nor the tools to take on such risky work. Most deaths among novice loggers are caused by people being hit or crushed by falling trees or limbs. So, whether you're cleaning up after a storm or shaping up the landscape, such work is best left to professionals. After all, saving a dollar is never worth risking a life.

Thank you for joining us on *A Minute of Health with CDC*.

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